

COMPETITION PROGRAMME

| 5 February - 11 February 2024 |

Monday, 5 February 2024					
DAY 1	10:30	Cross-Country Skiing	Women / Men	Sprint F Qualification	Junior
	13:00	Cross-Country Skiing	Women / Men	Sprint F Finals	Junior
	15:00	Cross-Country Skiing	Women / Men	Official Training Sprint	U23
	17:00	Ski Jumping	Women	Official Training HS 102 (2 rounds)	
Tuesday, 6 February 2024					
DAY 2	09:00	Nordic Combined	Women	Official Training HS 102 (3 rounds)	
	10:30	Nordic Combined	Men	Official Training HS 102 (3 rounds)	
	10:30	Cross-Country Skiing	Women / Men	Sprint F Qualification	U23
	13:00	Cross-Country Skiing	Women / Men	Sprint F Finals	U23
	14:00	Ski Jumping	Women	Official Training HS 102 (2 rounds)	
	14:30	Nordic Combined	Women / Men	Official Training Cross Country	
	15:30	Cross-Country Skiing	Women / Men	Official Training Mass Start F	Junior
	16:30	Ski Jumping	Men	Official Training HS 102 (2 rounds)	
Wednesday, 7 February 2024					
DAY 3	09:00	Nordic Combined	Women / Men	Mixed Team Trial Round HS 102	
	09:00	Cross-Country Skiing	Women / Men	Official Training Mass Start F	U23
	09:45	Nordic Combined	Women / Men	Mixed Team Competition Round HS 102	
	11:15	Cross-Country Skiing	Women	20 km Mass Start F	Junior
	13:00	Ski Jumping	Men	Official Training HS 102 (2 rounds)	
	13:30	Cross-Country Skiing	Men	20 km Mass Start F	Junior
	15:30	Ski Jumping	Women	Trial Round HS 102	
	15:45	Nordic Combined	Women / Men	Mixed Team Cross Country Race (2x5 km, 2x2,5 km)	
	17:00	Ski Jumping	Women	Individual Competition HS 102	
Thursday, 8 February 2024					
DAY 4	09:00	Nordic Combined	Women	Official Training (1 round), PCR HS 102	
	10:30	Nordic Combined	Men	Official Training (1 round), PCR HS 102	
	11:15	Cross-Country Skiing	Women	20 km Mass Start F	U23
	14:00	Cross-Country Skiing	Men	20 km Mass Start F	U23
	14:00	Ski Jumping	Women	Official Training HS 102 (2 rounds)	
	15:30	Ski Jumping	Men	Trial Round HS 102	
	15:30	Nordic Combined	Women / Men	Official Training Cross Country	
	16:00	Cross-Country Skiing	Women / Men	Official Training 10 km C	Junior
	17:00	Ski Jumping	Men	Individual Competition HS 102	

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Friday, 9 February 2024					
DAY 5	09:00	Nordic Combined	Women	Trial Round Individual Gundersen HS 102	
	09:30	Nordic Combined	Women	Competition Round Individual Gundersen HS 102	Junior
	10:00	Cross-Country Skiing	Women	10 km Individual C	
	10:30	Nordic Combined	Men	Trial Round Individual Gundersen HS 102	
	11:30	Nordic Combined	Men	Competition Round Individual Gundersen HS 102	Junior
	11:45	Cross-Country Skiing	Men	10 km Individual C	
	13:00	Cross-Country Skiing	Women / Men	Official Training 10 km C	U23
	13:30	Ski Jumping	Women	Official Training HS 102 (2 rounds)	
	14:30	Nordic Combined	Women	10 km Individual Gundersen	
	15:15	Nordic Combined	Men	10 km Individual Gundersen	
16:00	Ski Jumping	Women	Trial Round HS 102		
17:00	Ski Jumping	Women	Team Competition HS 102		
Saturday, 10 February 2024					
DAY 6	09:00	Cross-Country Skiing	Women / Men	Official Training Mixed Relay	Junior
	09:00	Cross-Country Skiing	Women / Men	Trial Round Team Sprint HS 102	U23
	09:00	Nordic Combined	Women	Trial Round Team Sprint HS 102	
	10:00	Nordic Combined	Women	Competition Round Team Sprint HS 102	
	11:00	Cross-Country Skiing	Women	Women 10 km Individual C	U23
	13:00	Cross-Country Skiing	Men	Women 10 km Individual C	U23
	15:00	Nordic Combined	Women	2x4,5 km Team Sprint	
	15:00	Ski Jumping	Men	Trial Round HS 102	
	16:30	Ski Jumping	Men	Team Competition HS 102	
Sunday, 11 February 2024					
DAY 7	08:30	Nordic Combined	Men	Trial Round Team Sprint HS 102	
	09:15	Nordic Combined	Men	Competition Round Team Sprint HS 102	Junior
	10:00	Cross-Country Skiing	Women / Men	4x5 km Mixed Team Relay C/F	
	12:00	Cross-Country Skiing	Women / Men	4x5 km Mixed Team Relay C/F	U23
	14:00	Nordic Combined	Men	2x7,5 km Team Sprint	
	14:00	Ski Jumping	Women / Men	Trial Round HS 102	
	15:30	Ski Jumping	Women / Men	Mixed Team Competition HS 102	

